

KICA-COG REGIONAL URBAN: COGNITIVE ASSESSMENT

Ask questions exactly as written. Score an Incorrect answer = 0, Correct answer = 1

I'd like to see if you can remember some things. I'll ask you some questions.

Orientation

1. What month is it? 0 1

(Dates on the cusp may also be scored correct. eg. score correct if the date is 1 April and the person answers March, or if the date is 30 April and the person answers May)

2. What season is it now? 0 1

(Before asking, determine what seasons are correct. eg. 'Hot time', 'Cold time' or 'Wet' may all be acceptable based on region. 'It is hot today' is incorrect)

3. What is the name of this community or place? 0 1

For questions 4 & 5 you will need three items: comb, cup (pannikin) and matches.

Recognition and naming

4. Hold up each item in turn and ask

What do you call this? 4.1 comb 0 1

4.2 cup 0 1

4.3 matches 0 1

(If the subject has poor vision, put each object in their hand and ask them to recognise it)

5. Hold up each item in turn and ask

What is this one for? 5.1 comb 0 1

5.2 cup 0 1

5.3 matches 0 1

Hide each object in turn

I'm going to put this one here, this one here... Now don't forget where I put them.

(Omit this if poor vision, and name objects for them to remember)

Registration

6. Name me those things I showed you 0 1 2 3

Verbal comprehension

I'm going to ask you to do some different actions for me

7. Close your eyes 0 1

8. *(only if indoors)* First point to the ceiling, and then point to the floor

OR

(only if outdoors) First point to the sky, and then point to the ground

(pointing up = 1 point. pointing down = 1 point) 0 1 2

Verbal fluency

9. Tell me the names of as many different animals as you can. We'll see how many different animals you can name in one minute. Ready?

(Do not provide prompts. Do not score duplicate animals)

0 animals:	0	
1 - 4 animals:	1	<input type="checkbox"/>
5 - 8 animals:	2	
9 animals or more:	3	

Total No. of animals _____

Recall

10. Where did I put the comb? Where did I put the matches? Where did I put the cup?

0	1	2	3	<input type="checkbox"/>
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Visual naming

11. I'll show you some pictures and you tell me what they are. Let's practice.

*Show **Boomerang or guitar**. Point to picture & ask 'What is this?' Don't include in score*

I'll show you some more pictures and you tell me what they are. Remember these pictures for later on. *(Omit question if poor vision, instead name objects for them to remember)*

*Show **Boy, Emu, Billy/fire, Crocodile, Bicycle**. Point to each picture and ask 'What is this?' (**Dog & Horse** are also appropriate alternative pictures for emu and crocodile).*

0	1	2	3	4	5	<input type="checkbox"/>
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Frontal/Executive function

12. Look at this. Now you copy it. *(Omit this question if poor vision)*

Show alternating crosses and circles (XOXO...)

0	1	<input type="checkbox"/>
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Free Recall

13. Do you remember those pictures I showed you before? What were those pictures?

Show only boomerang/guitar as prompt

0	1	2	3	4	5	<input type="checkbox"/>
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Cued Recall

(If scored all five correct in Q13, score 5 correct in this question and skip to Q15)

14. Which one did I show you before? *(Show the three-picture pages, all five pages one at a time. Use **Boomerang or Guitar** page as an example but do not include in score)*

0	1	2	3	4	5	<input type="checkbox"/>
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For Q15 & Q16 you will need: water bottle with loosened screw-top lid, cup and comb.

Praxis

15. Open this bottle and pour water into this cup

0	1	<input type="checkbox"/>
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16. Show me how to use this comb

0	1	<input type="checkbox"/>
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KICA-COG REGIONAL URBAN TOTAL SCORE: _____ /39
Score of 33 or less indicates possible dementia, refer for medical review.